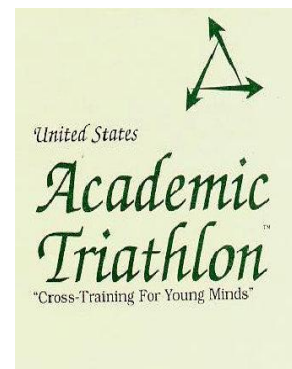


Hello Minnesota Triathlete Coaches!



Regional Competition Information

Please remember that students who compete in the Regional Tournament must have competed in one of this season's Round Robin competitions.

Also, the first place team from each meet will qualify for the State Tournament. The students on the winning team, including alternates, are the only students allowed to compete for that team at the State Competition. It's a great idea to have an alternate, or two, joining teams, just in case there would be conflicts for team members on the day of the State Tournament.

State Competition Information

The State Tournament will be held on Saturday, April 18th in Minnetonka, Minnesota. This year, we will be at a different location than in years past. We will be having our meet at West Middle School. It's a great location and will serve us well.

Make sure that if your team does qualify, you are prepared to bring at least two 'trained' volunteers – people who are comfortable assisting with the meet. We count on these volunteers to make the State Competition happen. We always have wonderful people and appreciate the help and support provided to make the day a success.

A P.A.R.T.Y. Proposal

Some great P.A.R.T.Y. questions were brought up to us recently: Can students start in the audience for P.A.R.T.Y.? Can they have audience participation?

How creative! What great ideas! Students can start in the audience provided they aren't using anything not included in the P.A.R.T.Y. supplies. For example, they could stand in the back; however, using a chair or leaning on a post would not be allowed because these things were not provided during P.A.R.T.Y. Prep. The same would be true of audience participation; since it wasn't there during preparation, it's not allowed during the performance.

Tips and Tricks

- **Helpful Hands** - Please make sure all of the adults that are to help administer the Meet are trained and understand what they will need to do to help with a successful Meet.
- **Review your program manual** – At a practice, take the time with all of the team members to review the rules and policies. For example, you are always able to use the box during your P.A.R.T.Y. and the Oral Face-Off times are 15 seconds for answer.
- **Be on time** - For peace of mind of the students and a smooth flowing Meet, depart with time for the unexpected.
- **Send Team Sign-in Roster and Scores** - These two items need to be sent in after every Meet. Host Facilitators: There is also a packet of State Tournament information for the first place team at your meet.